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Timex Ironman Triathlon

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Timex Ironman Triathlon User Guide

Timex Ironman Triathlon User Manual 114 pages. Timex Ironman Triathlon Instructions For Use Manual 18 pages. Timex IronMan TRIATHLON Instruction Book 15 pages. Related Manuals for Timex Ironman Triathlon. Heart Rate Monitor Timex IRONMAN Target Trainer M103 Manual.

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The Ironman®Triathlon®Digital Heart Rate Monitor is like hiring a personal trainer. This high-tech tool is designed for demanding athletes like you to measure how you track against your workout goals and offers you the ability to track, store, and analyze key indicators of your personal fitness level for up to 50 laps.

~~Digital Heart Rate Monitor - Timex~~

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User Guide; Tools For Success; T5K344 T5K540 T5K737 T5G971 T5K541 T5K738 T5K538 T5K539. 632. Q LCA Reissue. Digital. Digital, Start Stop, Light, Alarms. User Guide; TW2U72400 TW2U72500. Q Timex Reissue. Analog. Quick Date. User Guide; TW2T80800 TW2T95500 TW2R47900. Retrograde. Analog. Retrograde sub-dials display day and date. User Guide

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User Guide; T5G311. 117. Ironman Bodylink Trail Runner. Digital. INDIGLO®, Heart Rate Monitor, Lap Timer, Time Zones, Compass. User Guide; Sensor Guide; T5J985 T5C391 T5K419. 589. Ironman Classic 50 Move+. Digital. INDIGLO®, Countdown Timer, Date, Lap Timer, Time Zones, Alarms. User Guide; Quick Start Guide; TW5K86300 TW5K86400 TW5K86500 TW5K86600 TW5K97300 TW5K97200. 049 053

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Timex Ironman Triathlon Watch Manual ironman triathlon An Ironman Triathlon is one of a series of long-distance triathlon races organized by the World Triathlon Corporation (WTC) consisting of a swim, a bike and a marathon (26 miles 385 yards, 42.195 km) run, raced in that order and without a break.

~~TIMEX IRONMAN TRIATHLON WATCH MANUAL~~

View the manual for the Timex IRONMAN Traditional 30-Lap T5K692 here, for free. This manual comes under the category Watches and has been rated by 4 people with an average of a 8.7. This manual is available in the following languages: English, French, Spanish.

~~User manual Timex IRONMAN Traditional 30-Lap T5K692 (2 pages)~~

Your TIMEX IRONMAN GPS watch is designed to hold multiple workouts, but we recommend you connect your watch to the Timex Connect computer application at least once per week. The computer application provides details about your workout that are not available on the watch. Page 44 Pressing the Menu / Enter Button on a Lap will reveal the Lap Details. Delete Workout As stated above, it is easiest and most convenient to manage your TIMEX IRONMAN GPS watch using the Timex Connect computer ...

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2 ENGLISH 098095000 will stay activated for 8 hours or until deactivated by pressing and holding INDIGLO® button again for 4 seconds... WATER AND SHOCK RESISTANCE If your watch is water-resistant, meter marking or (O) is indicated...

~~10 LAP / 30 LAP / 50LAP / TRANSIT - Timex~~

Select the desired minute value using the "+" and "-" buttons. Press the "Mode/Next" button to move the flashing from the minutes to the seconds. Press either the "+" or "-" button to reset the seconds place to zero. Hit the "Mode/Next" button to continue. Set the day of the week on your Timex Ironman 30 wrist watch.

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