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Eric Greitens Quotes (Author of The Heart and the Fist)  
A conservative and a political outsider, Greitens was elected Governor of Missouri in 2016. Eric is a New York Times Bestselling Author. He has also served as a United States Navy SEAL officer, humanitarian volunteer, documentary photographer, and researcher.

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Eric Greitens - Official Website

The Heart and the Fist is Greitens's memoir, featuring stories of his

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humanitarian work, his training as a naval officer and SEAL and the military experiences that led him to adopt the philosophy that one has to be strong to do good but also has to do good to be strong.

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Eric Greitens - Wikipedia

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The Heart and the Fist is Greitens' memoir of service, featuring stories of his humanitarian work, his training as a naval officer and SEAL and the military experiences that led him to adopt the paradoxical philosophy that you have to be strong to do good, but you also have to do good to be strong.

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Eric Robert Greitens was born in 10 April 1974 to Becky and Robert Greitens. He spent his childhood in Missouri and was raised by his parents in Jewish beliefs. As a child, Eric was often told that the key to success is completing his college degree.

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Eric Greitens - TheXtraordinary

His latest book, *The Warrior's Heart*, is an intriguing young adult adaption of his New York Times bestseller, *The Heart and the Fist*. In *The Warrior's Heart*, Greitens recounts his life lessons and experiences as both a humanitarian and a warrior. Greitens's eagerness to serve others took him to far-flung parts of the world.

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